



婚前評估於1985年在美国面世，是現今國際間為準婚人士設計的其中一套最佳婚前準備工具，效果非常理想。

(Facilitating Open Couple Communication, Understanding and Study) is a premarital inventory designed for helping engaged couple to explore pertinent issues related to their marriage. It has been developed since 1985. It is considered to be one of the most popular and effective tools for marriage preparation nowadays.

FOCCUS™具有以下四大優點：

- 1 適用於各階層背景人士；
- 2 在很短時間內，準婚男女可以清楚地認識到彼此關係中的強項及需要改善的地方；
- 3 評估範圍廣泛，包括：
 - 對生活方式的期望
 - 宗教及價值觀
 - 婚姻盟誓
 - 朋友及興趣
 - 教養子女
 - 夫婦不同信仰
 - 性格配合
 - 姻親關係
 - 再婚問題
 - 個人問題
 - 性愛生活
 - 原生家庭
 - 溝通技巧
 - 財政處理
 - 雙職發展
 - 解決問題技巧
 - 準備狀態
 - 婚前同居
- 4 由FOCCUS認證的協談員協助討論。

There are four advantages in using FOCCUS™:

- 1 It is suitable for individuals with varied backgrounds;
- 2 A couple can learn about the strengths and areas for growth in their relationship within a short period of time;
- 3 The questionnaire covers 18 areas in marriage:
 - Life style expectations
 - Sexuality
 - Friends and interests
 - Finances
 - Personality match
 - Readiness issues
 - Personal issues
 - Marriage covenant
 - Communication
 - Interfaith marriage
 - Problem-solving
 - Remarried couples
 - Religion and values
 - Family of origin
 - Parenting
 - Dual careers
 - In-law relationship
 - Cohabiting couples
- 4 Discussion is conducted by Accredited FOCCUS Facilitator.

報名須知

- 1 參加者必須兩位一起出席，不可轉讓或替代。
- 2 請於婚期前6個月申請及繳費。
- 3 已繳費用概不退回。
- 4 參加者務必於12小時前通知更改預約時間，否則本會將徵收\$200行政費。
- 5 服務必須於第一次見面起計9個月內完成。
- 6 若於會面前3小時懸掛黑色暴雨警告或8號颱風訊號，該日會面將延遲。
- 7 本會保留最終決定權。



服務查詢

SERVICE ENQUIRY

- 電話 Tel 2810 1104
- 傳真 Fax 2526 3376
- 電郵 Email os@cmac.org.hk
- 網址 Website www.cmac.org.hk
- 面書 Facebook www.facebook.com/hkcmac
- 地址 Address 香港皇后大道中181號新紀元廣場
低座1樓101室
Room 101, 1/F, Low Block,
Grand Millennium Plaza,
181 Queen's Road Central,
Hong Kong

所有資料以網上資料為準
Please refer to our official website for the latest information

印刷日期 Date of printing 2018年11月 November 2018



婚前準備服務

MARRIAGE PREPARATION SERVICE

FOCCUS™
Facilitating Open Couple Communication, Understanding & Study



- 服務形式**
 - 參加者完成評估量表 可於第一次會面或網上填寫
 - 與協談員面談3次，合共5至6小時
- 服務費用**
 - 每對\$2,000 平日：星期一至五上午9時至下午5時
 - 每對\$2,800 晚上及周末：星期一至五下午5時至晚上9時 或 星期六上午9時至中午12時
- 參加辦法**
 - 1 將報名表格填妥連同應付款項之劃線支票 抬頭：「香港公教婚姻輔導會」 寄往：香港皇后大道中181號新紀元廣場低座1樓 101室香港公教婚姻輔導會 或
 - 2 將款項存入本會香港匯豐銀行戶口 002-220093-003，將入數紙連同報名表格以電郵 OS@CMAC.ORG.HK 傳送 或 傳真2526 3376 或 郵寄上址



SERVICE FORMAT

- Completion of inventory (fill in on line or at the first interview)
- 3 sessions (around 5 to 6 hours) of discussion with Facilitator

SERVICE CHARGES

- \$2,000 for each couple (Daytime of weekdays: Monday to Friday, 9 am to 5 pm)
- \$2,800 for each couple (Evening hours and weekend: Monday to Friday, 5 pm to 9 pm, Saturday, 9 am to 12 noon)

REGISTRATION

- 1 Please send the application form and a cheque payable to "The Hong Kong Catholic Marriage Advisory Council" to the following address: The Hong Kong Catholic Marriage Advisory Council Room 101, 1/F, Low Block, Grand Millennium Plaza, 181 Queen's Road Central, Hong Kong Or
- 2 Deposit the fee to HSBC Account 002-220093-003, send the application form and pay-in-slip by email os@cmac.org.hk or fax 2526 3376 or mail address as above

REGISTRATION AND REMARKS

- 1 Registration cannot be transferred to other people. The enrolled couple should come together.
- 2 Registration and Fee Payment should be completed 6 months before wedding.
- 3 Fees are not refundable.
- 4 Participants shall notify the change of appointment 12 hours in advance, otherwise the centre will charge \$200 as administration fee.
- 5 Counselling services must be completed within 9 months starting from the first meeting.
- 6 If Typhoon Signal No.8 or / the Black Rainstorm Warning Signal will be in force within three hours before the appointment, the appointment will be postponed.
- 7 We reserve the right for the final decision.



FOCCUS™ 婚前準備服務 報名表格

APPLICATION FORM FOR FOCCUS™ MARRIAGE PREPARATION SERVICE



<https://goo.gl/EJGeXp>

(以下資料絕對保密及只作聯絡之用 Personal information would be kept confidential and for contact only)

性別 Gender	<input type="radio"/> 男 Male	<input type="radio"/> 女 Female
中文姓名 Chinese Name	_____	
英文姓名 English Name	_____	
通訊地址(英) Correspondence Address (English)	_____	
聯絡電話 Contact telephone no.	_____	
電郵 Email	_____	
年齡 Age	_____	
國籍 Nationality	_____	
學歷 Educational Level	_____	
職業 Occupation	_____	
宗教 Religion	_____	
婚姻狀況 Marital Status	<input type="checkbox"/> 單身 Single <input type="checkbox"/> 寡 Widower <input type="checkbox"/> 離婚 Divorced <input type="checkbox"/> 單身 Single <input type="checkbox"/> 寡 Widow <input type="checkbox"/> 離婚 Divorced	
擬定結婚日期 Wedding Date	_____	
能夠出席時間 Preferred Time	面談時間 Interview Time <input type="checkbox"/> 平日：星期一至五上午9時至下午5時 Daytime (weekdays): Mon-Fri, 9 am to 5 pm \$2,000 <input type="checkbox"/> 晚間及周末：星期一至五下午5時至晚上9時 或星期六上午9時至中午12時 Evening hours & weekend: Mon-Fri, 5 pm to 9 pm and Sat, 9 am to 12 noon \$2,800	
主要聯絡人 Contact Person	_____	
從何處獲悉本服務 Source of referral	_____	
以後欲收到本會訊息 Willing to receive services information of CMAC in future	<input type="checkbox"/> 是 Yes <input type="checkbox"/> 否 No <input type="checkbox"/> 是 Yes <input type="checkbox"/> 否 No	
對婚前準備服務的期望 Expectations of the service	_____	
備註 Remarks	_____	